

RICHARD WILLIAM MCCARTHY D.C.

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EDUCATION

ACTIVE RELEASE TECHNIQUE

CERTIFICATION, 2005

USAT CERTIFIED TRIATHLON COACH

USAT LEVEL I CERTIFICATION, 2004

CERTIFIED STRENGTH AND CONDITIONING SPECIALIST

NSCS CERTIFICATION, 2003

THE NATIONAL COLLEGE OF CHIROPRACTIC

LOMBARD, ILLINOIS

Doctor of Chiropractic, 1999

Certified Acupuncturist, 1999

Bachelor of Science, Human Anatomy, 1998

THE UNIVERSITY OF WINDSOR

WINDSOR, ONTARIO

Bachelor of Arts, Psychology, 1996

EXPERIENCE

CHIROPRACTIC PHYSICIAN / CERTIFIED ACUPUNCTURIST

CHIROPRACTIC AND ACUPUNCTURE CENTER OF HOMER GLEN

HOMER GLEN, ILLINOIS

JAN. 2000 TO PRESENT

MORAINE VALLEY COMMUNITY COLLEGE

*Instructor, Human Movement, Fitness Training and Evaluation,
Health Fitness Methodology and Nutrition
Jan. 2000 to Dec. 2000*

COMMUNITY INVOLVEMENT

Currently training for Wisconsin Ironman, 2005

Aurora High Cliff Half Ironman Triathlon Participant, 2005

Accenture Chicago Triathlon Participant, 2004

Team In Training, Chicago Triathlon Participant, August 2003

Health Talk Series, Barnes and Noble Bookstore, Orland Park, 2000

CSE Boxing Invitational - Ringside doctor, Sept. 2000

Volunteer's Day Race, Westchester, IL. 1999 – Pre/Post race stretching

De Paul University Health Fair, 1999

Lincoln Park Turkey Trot, 1999 – Pre/Post race stretching

REFERENCES

DR. ROBERT PYNE, CHIROPRACTOR

10413 SOUTH ROBERTS ROAD,
PALOS HILLS, ILLINOIS 60465
1-708-599-9585

**MR. DOUGLAS C. GEHRKE, DEPT. CHAIR FOR THE SOCIAL SCIENCES AND
PHYSICAL EDUCATION AT MORaine VALLEY COMMUNITY COLLEGE**

10900 SOUTH 88TH AVENUE,
PALOS HILLS, ILLINOIS 60465
1-708-974-5345

PROF. GERI SALINITRI, FACULTY OF EDUCATION

UNIVERSITY OF WINDSOR
WINDSOR, ONTARIO N9B 3P4
1-800-864-2860 EXT. 396

BIO:

DR. MCCARTHY IS A PRACTICING CHIROPRACTOR AND ACUPUNCTURIST IN HOMER GLEN, ILLINOIS. DR. MCCARTHY SPECIALIZES IN THE TREATMENT AND TRAINING OF ENDURANCE ATHLETES, UTILISING HIS CHIROPRACTIC EDUCATION IN CONJUNCTION WITH CERTIFICATIONS AS A USAT TRIATHLON COACH, NSCA STRENGTH AND CONDITIONING SPECIALIST AND ACTIVE RELEASE TECHNIQUE PROVIDER. DR. MCCARTHY HAS BEEN TRAINING AND COMPETING IN TRIATHLON AND RUNNING EVENTS FOR MANY YEARS, AND HAS COMPLETED DISTANCES RANGING FROM SPRINTS TO HALF IRONMANS. HE IS CURRENTLY TRAINING TO COMPLETE HIS FIRST IRONMAN RACE AT THE WISCONSIN IRONMAN IN SEPTEMBER, 2005.

PRACTICE ADDRESS:

CHIROPRACTIC AND ACUPUNCTURE CENTER OF HOMER GLEN
15937 S. BELL RD.
HOMER GLEN, IL. 60491
(708) 645-0630 / FAX (708) 645-0635

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